

# The Forge is Growing Up 7.2.10

## "Looking outside of ourselves"

### Early years:

- What are your earliest memories of growing up?
- How did you celebrate your 'coming of age' (18<sup>th</sup> Birthday)
- When did you become aware of other people's needs and how did you respond?

### From milk to solids

#### Read Matthew 5:13-16

- What do these verses tell us about Jesus' call on our lives?
- How can we as Christians hide our 'light' and lose our 'saltiness'?
- 'Looking outside of ourselves' is a lifestyle that Jesus demonstrated. Make a list of times when Jesus looked outside of himself and towards others.
- It quickly becomes a long list doesn't it! How should we live with the tension of building a strong Christian community alongside looking outside of ourselves?
- What's the danger of primarily looking inward at our own needs and wants?

#### Read Philippians 2:5-11

- What are these verses teaching us about how to think/live?
- Why is it hard to live as Christ lived? How should our attitudes change in order to be like that of Jesus?

### Learning to walk

- What can we do to keep this golden thread of 'Looking outside of ourselves' a priority as a group/individually?
- Spend some time praying for each other, that we won't get caught up in what WE want, but look to the needs and concerns of others and be salt and light to those we meet.